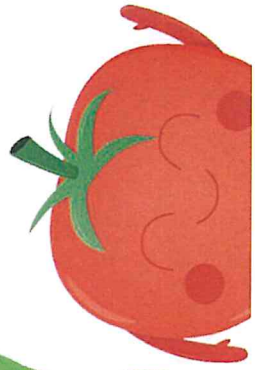




## Lunch & Dessert Menu WEEK 2



### Monday

#### Lunch

Mexican beef stew  
or  
Mexican bean stew  
Both sw/ coriander & lime rice

#### Dessert

Selection of individual ice creams

### Tuesday

#### Lunch

Lightly seasoned chicken in gravy  
or  
Vegetarian meatball in gravy  
Both sw/ baby potato & mixed vegetables

#### Dessert

Strawberry mousse

### Wednesday

#### Lunch

Mediterranean spiced-lentil  
conchiglie pasta

#### Dessert

Fresh melon slices

### Thursday

#### Lunch

MSC salmon fishcake  
or  
Seasoned vegetable nuggets  
Both sw/ baby potato, carrots, sweetcorn  
& a smooth cheese sauce

#### Dessert

Natural yoghurt w/ mango

### Friday

#### Lunch

Chicken tikka masala  
or  
Cauliflower tikka masala  
Both sw/ white rice

#### Dessert

Chocolate & vanilla marble cake

